



JMD Farm

*Sustainable farm practices
for multi-generations in
the Shenandoah Valley*

*Bringing Farm Fresh
Goodness to YOUR Table!*



JMD Farm Market & Garden Center

27 Niswander Rd
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www.jmdfarmmarket.com

Questions? Contact

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JMD Farm Lamb through Project Grows CSA

2020 Commitment: 20 weeks through Project Grows CSA Jun 2– Oct 13

<u>Product</u>	<u>Price includes Tax</u>	<u>Description</u>
Lamb Share	\$ 215	1# Assorted cuts weekly

Lamb share includes 1# if lamb weekly or 4.5# Monthly rotating cuts between Ground Lamb, Kebob Meat, Lamb Chops & Leg of Lamb. JMD Farm lamb is Grass-fed, on pasture, with no added hormones or antibiotics

Price includes 1 thermal bag which should be returned with each delivery until final delivery