

Fall 2019 Food Access Internship

Part-time, volunteer internship for Project GROWS
40 total hours minimum (up to 120 hours available)



Organization Overview: Project GROWS (PG) is a 501(c)3 nonprofit educational farm with a mission to improve the overall health of children and youth in Staunton, Waynesboro, and Augusta County, Virginia. We cultivate health by connecting children to nutritious food through 1) hands-on, garden-based education and 2) access to healthy local food.

Position Overview: Project GROWS is looking for an intern to help with its Food Access programming at a minimum of 40 total hours over the fall 2019 season (September-December). This internship will provide experience in a school, community, and garden setting while working on various Food Access Programming including: Farm to School Tastings, School Garden Programming, and the Project GROWS Farmer's Market Nutrition Incentive Programs. The Food Access Intern will report directly to the Food Access Coordinator.

Commitment:

Fall 2019 (Starting mid-September and ending mid-December). Hours will be arranged based on applicant's availability and/or desired credits, but will be between 40 - 120 total hours.

Compensation:

This is an unpaid internship. Please state in your application if you are looking to receive course credit or service learning hours for this internship.

Responsibilities:

- Assist at Farm to School Tastings in various school districts
- Assist with food preparation for Farm to School Tastings
- Assist with school garden lessons/activities at Dixon Educational Center in Staunton
- General outreach and promotion of our SNAP matching program at the Project GROWS farmer's markets
- Other duties as assigned

Requirements:

- Can commit to the majority of the program dates.
- A valid driver's license and reliable transportation.
- Cell phone communication
- Ability to lift up to 50 pounds
- Able to pass a criminal background check

Desired qualifications:

- Interest in school food, nutrition, child health, local food, agriculture, youth engagement, etc.
- Experience working with youth
- Excellent, professional written and oral communication skills
- Comfortable juggling a variety of tasks – organized, and self-motivated
- Energetic, enthusiastic, and engaging
- Some experience with safe food preparation, handling and serving preferred

To apply, please send a letter of interest, two references and a resume to Megan Townley, PG Food Access Coordinator, at megan@projectgrows.org. Include in the letter your schedule of availability.

Application Deadline: September 13th, 2019

Food Access Program Descriptions

Harvest of the Month (HOM):

In partnership with Staunton City Schools and Waynesboro Public Schools, Project GROWS will be offering seasonal, locally-sourced vegetables to students across the Staunton and Waynesboro school districts. This program is designed to increase enjoyment and consumption of fruits and vegetables. In order to motivate students to make healthful choices, they are provided opportunities to taste and explore the featured fruit or vegetable of the month during lunchtime.



Dixon Educational Center School Garden Program:

Every fall and spring the Food Access Team at PG offers hands-on, garden-based education to local preschool students at the Dixon Educational Center school garden. This garden engages children by providing an interactive environment to observe, discover, experiment, nurture, and learn. Studies have shown that school gardens encourage preference and consumption of fruits and vegetables, increase parental support and involvement, and improve children’s enthusiasm about preschool/child care, teamwork skills, and self-understanding.

Project GROWS Farmer’s Market Nutrition Incentive Programs:

Project GROWS manages three local markets: the North Augusta Farmer’s Market, the Waynesboro Farmer’s Market, and the Staunton-Augusta Health Department Farmer’s Market. At our markets we offer a variety of nutrition-based incentive programs including SNAP (Supplement Nutrition Assistance Program) and WIC (Women, Infants, and Children nutrition assistance program). Go to our website www.projectgrows.org/foodaccess to learn more about how these markets and programs improve Food Access in the community.

Important Program Dates:

September 26th 8:30am-10:30am (Garden Lessons)	October 2nd 11:00am-1:00pm (HOM)
September 27th 10:00am-2:15pm (WIC Market)	October 3rd 10:30am-1:15pm (HOM)
	October 16th 13:30am-12:30pm (HOM)
	October 17th 10:30am-1:15pm (HOM)
	October 25th Project GROWS GALA
November 6th 11:00am-12:00pm (HOM)	December 3rd 11:00am-1:00pm (HOM)
November 7th 10:30am-1:15pm (HOM)	December 4th 10:30am-1:15pm (HOM)
November 20th 10:30am-12:30am (HOM)	December 11th 10:30am-12:30am (HOM)
November 21st 10:30am-1:15pm (HOM)	December 12th 10:30am-1:15pm (HOM)

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